## District V Cross Country Championship Tuesday, October 27, 2020 Bedford County Technical Center

3:00	Course touring
3:30	<b>Head Coaches Meeting</b>
3:45	Girls Race
4:30	<b>Boys Race</b>
5:15	Awards
	3:30 3:45 4:30

**Facilities:** 2 Porta Johns will be available. Please remind your athletes to not be in any parts of the building. There will be no locker room, so have your athletes come dressed for the competition. **Tents:** Due to COVID guidelines, tents are prohibited. **Your bus is your storm shelter for the duration of the meet, should one become necessary.** 

Entries: Each school may enter up to seven participants in the races with a cost of \$15.00 each. Due to the current COVID conditions we will not be accepting exhibition runners.

Forms and Entry Fees must be returned by Oct. 23<sup>rd</sup> to Rod Brumbaugh, 1003 Main St., Saxton PA 16678. Phone # cell 814-329-8868, home 814-635-2390, E-Mail <u>rebad55@gmail.com</u> Checks made payable to "PIAA District V". Eligibility sheets must be made available to other schools participating in the Championship.

Competing athletes must also be entered on MileSplit (<a href="https://pa.milesplit.com/calendar">https://pa.milesplit.com/calendar</a>) by noon on Oct. 23. If you have not claimed your team and updated your roster this season, please do so in advance.

**Scoring:** Standard scoring with displacements.

**Awards:** Awards will be distributed following the boys race. (Format to be announced later) Class A Girls District V Championship and Class A Boys District V Championship plaques will be awarded along with ten individual championship medals for each team champion. The next five runners not on the winning team will be given a medal and qualify for advancement to the state meet.

**Competitor's Uniform:** Each competitor's uniform shall be in compliance with the NFHS Track and Field and Cross Country Rule Book and relevant PIAA adoptions and/or modifications.

**Parking:** After dropping off athletes all busses should park in the lot at the park.

**Refreshments:** Each team is asked to bring their own refreshments.

**Directions to BCTC:** A detailed set of directions is at the end of the information sheet

#### ADVANCEMENT TO THE STATE MEET

Coaches having an individual or team qualifying for the State Meet must pick up a copy of the instructions from the Meet Director after the awards. All individual's full names, grades and school name must be provided. Coaches of the qualifying team must provide your team's information.

# **2020 PIAA District 5 Cross Country Championships**

Please return this form, complete with your entry fee, no later than October 23, 2020, in order to have your team compete in the PIAA District Cross Country Championships. Return to Rod Brumbaugh, 1003 Main St, Saxton, PA 16678. E-mail <a href="rebad55@gmail.com">rebad55@gmail.com</a> this is the preferred method. Enter athletes on <a href="https://pa.milesplit.com">https://pa.milesplit.com</a> by noon on October 23, 2020.

Name of Scho	ool		
School Addre	ess		<del> </del>
Head Coach			
Head Coach	email	Phone	e # 5 will be counted toward
the team score. Pl	ease use this form and lis	e competing. Only the top st your athletes in order the ters' names and grade leve	ey will most likely finish in
BOYS	Grade	GIRLS	Grade
		_	
		_	
		_	

### **District V Cross Country**

### **Important Dates:**

DV Cut Off Date: October 26th

Districts: Tuesday October 27th @Bedford Vo-Tech

District Deadline: October 31st

PIAA Championships: November 7th @ Parkview CC,

Hershey, PA

Reminder to schools that do not sponsor Cross Country as a District V Sport. The following is the position of the District V Committee:

- 1. Schools that do not sponsor cross country as a sport may enter individuals for competition in the District V Tournament.
- 2. Each school must have a coach.
- 3. All students must have a physical examination and maintain academic eligibility.
- 4. Eligibility sheets must be made available to other schools participating in the District V Tournament.
- 5. No school which has entered into a cooperative agreement with another school may enter contestants in individual competition.

#### **District V Cross Country**

### **Directions to Bedford Technical Center:**

The course is located behind the Tech Center, which is located just off Route 30 between Bedford and Everett.

From Everett: Follow Route 30 West about 2-3 miles outside of Everett, take the exit labeled Pennknoll Road. Continue on this road as it winds around the Bedford Hospital. At the stop sign, Make a left and cross the overpass. The Bedford County Technical Center is the first building on the left.

From Bedford: Take Route 30 East. After passing Wal-Mart, stay right and get off the first exit labeled Pennknoll Road. Keep left and turn left at the stop sign. The Bedford County Technical Center is the first building on the left.

There will be signs as to where spectators will be parking.