

# 2024 Cross Country Championships

The 2024 Cross Country Championships will be held at Somerset High School on **Tuesday, October 22. The rain date will be Wednesday October 23.**

Schools listed on the PIAA as sponsoring Cross Country

## "A"

Boys	Girls
Chestnut Ridge Foundations Christian Academy Hope for Hyndman Johnstown Christian School Meyersdale North Star Salisbury Shade Southern Fulton Turkeyfoot Windber Westinghouse	Chestnut Ridge Foundations Christian Academy Johnstown Christian School Meyersdale North Star Northern Bedford Salisbury Shade Southern Fulton Turkeyfoot Windber Perry
<p><b>PIAA Qualifiers</b>                      Top 2 teams                      Top 10 individuals not on top 2 teams</p>	<p><b>PIAA Qualifiers</b>                      Top team                      Top 5 individuals not on top team                      (Different from last year)</p>

## "AA"

Boys	Girls
Bedford Northern Bedford Somerset Brashear Carrick Obama Perry	Bedford Somerset Carrick Obama Westinghouse
<p><b>PIAA Qualifiers</b>                      Top team                      Top 5 individuals not on top team</p>	<p><b>PIAA Qualifiers</b>                      Top team                      Top 5 individuals not on top team</p>

The schedule, entry form and information are included in this packet. If you have any questions, feel free to contact Scott Close at [sclose@sasd.us](mailto:sclose@sasd.us) or 814-444-3230.

# District V/VIII Cross Country Championship

Tuesday, October 22, 2024

Inclement weather date: Wednesday October 23, 2024

Somerset High School

Time schedule:	2:45	Course touring
ESTIMATED	3:15	Head Coaches Meeting
	3:30	Girls A Race
	4:00	Girls AA Race
	4:30	Boys A Race
	5:00	Boys AA Race
	5:30	Awards

**Note:** Next race will start at time listed – runners from previous race that don't finish under 30 minutes will be allowed to finish, but next race will start on time to avoid darkness.

**Facilities:** Restrooms will be available. Please remind your athletes to not be in any other parts of the school. There will be no locker room so have your athletes come dressed for the competition.

**Entries:** Each school may enter up to seven participants in the races with a cost of **\$15.00** each. Permission for exhibition runners must be obtained by the Meet Director. **Forms and Entry Fees must be returned by Oct. 19<sup>th</sup> to Scott Close, 645 South Columbia Avenue, Somerset, PA 15501. Phone # cell 814-233-5550, school 814-443-2831, E-Mail [sclose@sasd.us](mailto:sclose@sasd.us). Checks made payable to "PIAA District V". They may also be hand delivered on day of the meet.**

**Scoring:** The first five runners will score. Team standings will be decided according to convention-the lowest aggregated score of the first five runners of each team.

**Awards:** Awards will be given following the boys' race. District Championship Team plaques will be awarded along with ten individual championship medals for each team champion. The next five/ten runners not on the winning team will be given a medal and qualify for advancement to the state meet.

**Competitor's Uniform:** Each competitor's uniform shall be in compliance with the NFHS Track and Field and Cross Country Rule Book and relevant PIAA adoptions and/or modifications.

**Parking:** All vans and buses should park in the designated side lot to the left of the JH complex. Attached map shows the parking area to drop off athletes. Dismissal at Somerset begins at 2:50, so please have teams dropped off by 2:30 to avoid gridlock.

**Directions:** A detailed set of directions is at the end of the information sheets

## ADVANCEMENT TO THE STATE MEET

Coaches having an individual or team qualifying for the State Meet must pick up a copy of the instructions from the Meet Director after the awards. All individual's full names, grades and school name must be provided. Coaches of the qualifying team must provide your team's information.

# 2024 PIAA District 5/8 Cross Country Championships

Please return this form, complete with entry fee, no later than **October 19, 2024**, in order to have your team compete in the PIAA District Cross Country Championships. **Return to Scott Close. E-Mail [sclose@sasd.us](mailto:sclose@sasd.us) is preferred method. Check may be sent to Scott Close, D5 XC Chair, 645 South Columbia Avenue, Somerset, PA 15501. My Phone (cell) 814-233-5550, (school) 814-444-3230. Checks may also be hand delivered on the day of the meet.**

Name of School \_\_\_\_\_

School Address \_\_\_\_\_

Head Coach \_\_\_\_\_

Head Coach E-mail \_\_\_\_\_ Phone # \_\_\_\_\_

Entry Fee: **\$15.00 per runner who will be competing.** Only the top 5 will be counted toward the team score. Please use this form and list your athletes in order they will most likely finish in the race. Please LEGIBLY PRINT all runners' names and grade levels. Only 7 runners may be entered. No extra runners are permitted. Alternates may replace one of the listed runners on day of meet. See Director on day of the meet to change any runner.

## BOYS

## Grade

## GIRLS

## Grade

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## **Important Dates:**

**District Championship: Tuesday, October 22<sup>th</sup> @ Somerset HS**  
**PIAA Championships: November 2<sup>nd</sup> @ Parkview CC,**  
**Hershey, PA**

**Reminder to schools that do not sponsor Cross Country as a District V/VII Sport. The following is the position of the District V Committee:**

- 1. Schools that do not sponsor cross country as a sport may enter individuals for competition in the District V/VIII Tournament.**
- 2. Each school must have a coach.**
- 3. All students must have a physical examination and maintain academic eligibility.**
- 4. Eligibility sheets must be made available to other schools participating in the District V/VIII Tournament.**
- 5. No school which has entered into a cooperative agreement with another school may enter contestants in individual competition.**

Directions to Somerset HS: GPS: 645 S. Columbia Ave, Somerset, PA 15501

The course is behind the Jr/Sr High school. Please pull into the Jr. High side parking lot, which is located on the extreme left side of the complex when facing it. A person will direct you where to park.

From Bedford: If coming in on Rt 31, it becomes Main St. Counting the stoplight at the train tracks, you will get to the 4<sup>th</sup> light (be in left lane) and make left on to Franklin Ave. Proceed past football stadium and make left into school complex. Drive in front of the school (not in semicircle). Parking will be in the JH lot, which is the last lot on the right.

From Turnpike: Take turnpike exit road to 2<sup>nd</sup> stoplight. Turn Right onto Center Ave. Take Center Ave to 3<sup>rd</sup> stop light. Turn Right onto Main St and proceed to 3<sup>rd</sup> stoplight (be in left lane). Make left on to Franklin. Proceed past football stadium and make left into school complex. Drive in front of the school (not in semicircle). Parking will be in the JH lot, which is the last lot on the right.

Spectators may park in any of the lots AFTER 3:00. Dismissal will be complete by 3:00pm, so spectators should wait until after 3:00 to avoid congestion.

## Parking Map

