

**DISTRICT 5 TRACK & FIELD  
MEET RECORDS  
As of May 1, 2025**

EVENT	BOYS	GIRLS
100 METERS	Ethan Black, Conemaugh Twp. 10.48 2023	Sydney Rush, Somerset 12.02 2023
200 METERS	Ethan Black, Conemaugh Twp. 21.56 2022	Izzy Slezak, Conemaugh Twp. 25.27 2024
400 METERS	Jordan Donaldson, Tussey Mt. 49.38 2008	McKenzie Gelvin, McConnellsbg. 57.04 2016
800 METERS	Mike Podlesnik, Mey. 1:57.04 2006	Kaitlynn Maxwell, Everett 2:19.70 2018
1600 METERS	Mike Podlesnik, Mey. 4:23.66 2007	Maria Snyder, N.Bedford 5:09.67 2011
3200 METERS	Terry Croyle, Conemaugh Twp. 9:15.62 1982	Maria Snyder, N.Bedford 11:17.58 2011
4 X 100 RELAY	Conemaugh Twp. 43.21 2023 (G.Tunstall, J.Updyke, C.Dunn, E. Black)	Somerset 50.15 2023 (J.Smith, A.Urban, K.Ross, S.Rush)
4 X 400 RELAY	Bedford 3:27.96 2024 (C.Taylor, J.Brallier, J.Gresh, A.Koontz)	Bedford 4:08.73 2010 (Diehl, Lashley, Beegle, Baker)
4 X 800 RELAY	Windber 8:11.46 2014 (Da.Tomlinson, Leonardis, Charney, De. Tomlinson)	Bedford 9:56.34 2010 (Diehl, Lashley, Beegle, Baker)
100/110 HH	Mark Hollinshead, McConn. 14.51 1985	Kim Spriggs, McConnellsburg 14.9 1984
300 HURDLES	Bill Ford, Bedford 39.0 1989	Kim Spriggs, McConn. 45.2 1984
HIGH JUMP	Logan Pfister, Chestnut Ridge 6-6 ½ 2019	Baylee Sleek, Conemaugh Twp. 5-6 2024
LONG JUMP	Jeff Mills, Everett 22-7 1996	Taylor Crawford, NB 18-2 ¼ 2009
TRIPLE JUMP	Jeremy Bradley, S.Fulton 45-10 1999	Kim Spriggs, McConnellsburg 37-2 1985
POLE VAULT	Jared Treece, Everett 14-1 ¼ 1993	Violet Johnson, Everett 11-1 2021
SHOT PUT	Blake Klosky, Windber 54-7 ½ 2023	Crystal Dibert, Bedford 38-1 ¼ 2009
DISCUS	Duane Knisely, Chestnut Ridge 170-4 2019	Michelle Barner, N.Bedford 120-8 1991
JAVELIN	August Cook, Bedford 209-8 2016	Beth Burkett, C.Ridge 143-8 ¼ 1996