District V/VIII Cross Country Championship

Thursday, October 29, 2020 Somerset High School

Time schedule: 2:45 Course touring

ESTIMATED 3:15 Head Coaches Meeting

3:30 Girls Race 4:00 Boys Race 5:30 Awards

Facilities: Restrooms will be available. Please remind your athletes to not be in any other parts of the school. There will be no locker room so have your athletes come dressed for the competition.

Entries: Each school may enter up to seven participants in the races with a cost of \$15.00 each. Permission for exhibition runners must be obtained by the Meet Director. Forms and Entry Fees must be returned by Oct. 25th to Scott Close, 645 South Columbia Avenue, Somerset, PA 15501. Phone # cell 814-233-5550, school 814-443-2831, E-Mail sclose@sasd.us. Checks made payable to "PIAA District V".

Scoring: The first five runners will score. Team standings will be decided according to convention-the lowest aggregated score of the first five runners of each team.

Awards: Awards will be given following the boys race. Class AA Girls District V/VIII Championship and Class AA Boys District V/VIII Championship plaques will be awarded along with ten individual championship medals for each team champion. The next five runners not on the winning team will be given a medal and qualify for advancement to the state meet.

Competitor's Uniform: Each competitor's uniform shall be in compliance with the NFHS Track and Field and Cross Country Rule Book and relevant PIAA adoptions and/or modifications.

Parking: ** Note: We will be starting on our JH soccer field which sits up on top of the complex. This is different from our normal meets. All busses should park in student parking lot to drop off athletes. Dismissal at Somerset begins at 2:42, so please have teams dropped off by 2:30 to avoid gridlock.

Refreshments: TBD

Directions: A detailed set of directions is at the end of the information sheets

ADVANCEMENT TO THE STATE MEET

Coaches having an individual or team qualifying for the State Meet must pick up a copy of the instructions from the Meet Director after the awards. All individual's full names, grades and school name must be provided. Coaches of the qualifying team must provide your team's information.

2020 PIAA District 5/8 2A Cross Country Championships

Please return this form, complete with entry fee, no later than **October 23, 2020**, in order to have your team compete in the PIAA District Cross Country Championships. Return to Scott Close, 645 South Columbia Avenue, Somerset, PA 15501. Phone # cell 814-233-5550, school 814-443-2831, E-Mail sclose@sasd.us is preferred method.

Name of School			
School Address			
Head Coach			
Head Coach E-mail		Phone #	
Entry Fee: \$15.00 per toward the team score. most likely finish in the levels.	Please use this	form and list your athlet	tes in order they will
BOYS	Grade	GIRLS	Grade

Important Dates:

DV/VIII Cut Off Date: October 28th

Regional: Thursday, October 29th @ Somerset HS

Regional Deadline: October 31st

PIAA Championships: November 7th @ Parkview CC,

Hershey, PA

Reminder to schools that do not sponsor Cross Country as a District V Sport. The following is the position of the District V Committee:

- Schools that do not sponsor cross country as a sport may enter individuals for competition in the District V/VIII Tournament.
- 2. Each school must have a coach.
- 3. All students must have a physical examination and maintain academic eligibility.
- 4. No school which has entered into a cooperative agreement with another school may enter contestants in individual competition.

Directions to Somerset HS:

The course is located behind the Jr/Sr High school. Please pull in to student parking lot, which is located on the right side of the complex when facing it.

** Note: We will be starting on our JH soccer field which sits up on top of the complex. This is different from our normal meets.

From Bedford: If coming in on Rt 31, it becomes Main St. Counting the stoplight at the train tracks, you will get to the 4th light (be in left lane) and make left on to Franklin Ave. Proceed past football stadium and make left into school complex. Parking will be in student lot, which is first lot on right.

From Turnpike: Take turnpike exit road to 2nd stoplight. Turn Right onto Center Ave. Take Center Ave to 3rd stop light. Turn Right onto Main St and proceed to 3rd stoplight (be in left lane). Make left on to Franklin. Proceed past football stadium and make left into school complex. Parking will be in student lot, which is first lot on right.

Spectators may park in any of the lots AFTER 3:00. Dismissal will be complete by 3:00pm, so spectators should wait until after 3:00 to avoid congestion.