

District V Cross Country
Director – Mike Panek

District Cut Off Date: October 21
Districts: Wednesday October 22 @ Bedford Vo-Tech
District Deadline: October 25
States: November 1 @ Hershey Stadium-White Field

Cross Country Boys: 1-330 AA
Bedford-272
Chestnut Ridge-218
Meyersdale, Rockwood, Salisbury-305
 (103) (142) (60)
Windber-191
Southern Fulton-94
Shade-88

Cross Country Girls: 1-314 AA
Bedford-226
Chestnut Ridge-214
Meyersdale, Berlin, Salisbury-268
 (133) (89) (46)
Windber-180
Southern Fulton-103
Shade-53

