

**DISTRICT 5
TRACK & FIELD
HONOR ROLL**

May 5, 2014

GIRLS

100 METER DASH			200 METER DASH		
1	W. Furry, North. Bedford	13.04	1	W.Furry, North. Bedford	26.79
2	TIE G. Trulick, Berlin, M.	13.34	2	TIE D. Folk, Tussey Mt.	27.54
	Gelvin,McC and S.:Pittman, Evt.			and G.Trulick, Berlin	27.54
400 METER DASH			800 METER RUN		
1	W.Furry, North. Bedford	58.82	1	G.Trulick, Berlin	2:25.42
2	D. Folk, Tussey Mt.	60.94	2	A.Tokarsky, Windber	2:26.75
3	G. Trulick, Berlin	62.14	3	S. Coffman, Tussey Mt.	2:28.35
1600 METER RUN			3200 METER RUN		
1	M.Baker, Meyersdale	5:33.44	1	A.Tokarsky, Windber	12:29.80
2	G.Trulick, Berlin	5:37.64	2	M.Baker, Meyersdale	12:44.64
3	A.Tokarsky, Windber	5:38.55	3	M.Kendall, McConnellsbg.	13:01.94
100 HURDLES			300 HURDLES		
1	C.Merchant, S.Fulton	17.07	1	M.Lynn, Tussey Mt.	48.88
2	B. Clegg, Berlin	17.24	2	C.Merchant, S.Fulton	51.84
3	TIE M.Lynn, Tussey Mt.and M.Massimo, Con. Twp.	18.14	3	B.Clegg, Berlin	51.94
4 x 100 METER RELAY			4 x 400 METER RELAY		
1	Bedford	53.63	1	Tussey Mt.	4:11.68
2	Berlin	53.84	2	Windber	4:24.99
3	Tussey Mt.	54.04	3	Bedford	4:31.09
4 x 800 METER RELAY			SHOT PUT		
1	Windber	10:38.00	1	E.Craig, Berlin	35-9 ½
2	Tussey Mountain	10:51.69	2	Lippincott, Bedford	35-5
3	Rockwood	10:56.34	3	A.Roman, S.Fulton	33-5
DISCUS			JAVELIN		
1	H.Meyers, Bedford	116-9	1	E.Craig, Berlin	119-4
2	E.Finnegan, C.Ridge	107-1	2	E. Fleegle, Berlin	109-0
3	R.Barkman, Everett	104-4	3	M.Claycomb, C.Ridge	107-7
LONG JUMP			TRIPLE JUMP		
1	Lippincott, Bedford	15-7 ½	1	Lippincott, Bedford	33-6 ¼
2	H.Meyers, Bedford	15-4 ½	2	B.Clegg, Berlin	32-2
	& M.Garlock, McConnellsburg (TIE)		3	M.Massimo, Con. Twp. & Lazorka, Bedford (TIE)	32-1 ½
HIGH JUMP			POLE VAULT		
1	Lippincott, Bedford	5-0	1	A.Kostryk, Chestnut Ridge	8-9
2	H.Charney, Windber	4-11	2	J.Tokarczyk, Bedford	8-6
3	D.Folk, Tussey Mt.	4-9		Lazorka, Bedford	8-0

BOYS

100 METER DASH			200 METER DASH		
1	Lohr, C.Ridge	11.25	1	D. Sipes, Tussey Mt.	22.54
2	D. Sipes, Tussey Mt.	11.26	2	Lohr, C.Ridge	23.24
3	J.Reynolds, Shade	11.44	3	J.Formica, Conem. Twp.	23.63
400 METER DASH			800 METER RUN		
1	D. Sipes, Tussey Mt.	51.34	1	De.Tomlinson, Windber	1:59.76
2	Z.Baker, Bedford	51.44	2	C. Sherlock, N.Bedford	2:03.89
3	De.Tomlinson, Windber	52.18	3	K.Charney, Windber	2:05.02
1600 METER RUN			3200 METER RUN		
1	Co. Sherlock, N.Bedford	4:30.66	1	W.Kachman, Bedford	9:48.96
2	W.Kachman, Bedford	4:31.28	2	M.Heck, N.Bedford	10:24.98
3	M.Heck, N.Bedford	4:44.24	3	T.Husick, Tussey Mt.	10:39.31
110 HURDLES			300 HURDLES		
1	B.Over, Northern Bedford	15.29	1	D.Arnold, Bedford	41.32
2	D.Arnold, Bedford	15.64	2	M.Bard, S.Fulton	41.83
3	G.Bryan, Windber	16.69	3	G.Bryan, Windber	42.24
4 x 100 METER RELAY			4 x 400 METER RELAY		
1	Bedford	45.84	1	Windber	3:29.60
2	Chestnut Ridge	46.04	2	Bedford	3:34.39
3	Shade & Berlin (TIE)	47.42	3	Shade	3:45.84
4 x 800 METER RELAY			SHOT PUT		
1	Windber	8:17.83	1	J.Koontz, Bedford	46-8
2	Bedford	8:27.64	2	Foor, Bedford	45-0
3	Northern Bedford	8:28.35	3	N.Daniels, McConnellsbg.	43-2 ½
DISCUS			JAVELIN		
1	J.Koontz, Bedford	150-4	1	C.Demoss, Bedford	184-0
2	T.Peppernick, Fan-Metal	136-10	2	K.Knox, Everett	154-4
3	J.Snyder, Berlin	131-10 ½	3	T.Oswalt, North. Bedford	150-3
LONG JUMP			TRIPLE JUMP		
1	D.Sipes, Tussey Mt.	22-0	1	B.Over, North. Bedford	43-0 ½
2	B.Over, North. Bedford	21-4 ½	2	M.Barkley, Windber	42-9
3	M.Barkley, Windber	19-3 ½	3	J.Miksich, C.Ridge	42-7
HIGH JUMP			POLE VAULT		
1	B.Over, North. Bedford	6-2 ½	1	T.Runk, Tussey Mt.	12-6
2	B.Chilcote, Fan-Metal	6-2	2	Z.Rhodes, Bedford &	12-0
3	J.Miksik, C.Ridge	6-0		Kauffman, C.Ridge (TIE)	