

TO: District 5 Track and Field Coaches
FROM: Jeff Batzel, Track and Field Chairman
DATE: May 1, 2018
SUBJECT: Information Concerning the District Meet

REGISTRATION PROCEDURE FOR DISTRICT 5 COMPETITION:

1. www.pa.milesplit.com is the site for online registration. Registration is open and closes on Monday May 14 at 12 Noon. Everyone should be familiar by now with Milesplit. If you have problems, contact me for instructions or look for the link to online registration instructions on the milesplit website. Other coaches may contest your meet entries prior to the meet. In particular qualifying standards or validity of times. To avoid problems, please be sure and **convert** any hand held times to **FAT by adding .24.** Merely checking the hand held time box does not mean that milesplit will convert for you. **DO NOT USE PREVIOUSLY SUGGESTED MILESPLIT TIMES FROM PRIOR TO THIS SEASON, THESE ARE INVALID FOR THIS MEET.** Schools may enter any athlete that achieves the qualifying standards (refer to the D5 Track & Field website at <http://www.midatlanticsports.net/2014/04/d5-track.html>)
2. In an individual event, a maximum of three (3) qualifying athletes per school may compete. **There is a chance that the standards some events could be lowered slightly on Friday May 12 if it appears that fewer than 12 athletes have qualified in any particular events. Check the website and with your AD for any updates regarding this situation. The D5 T&F website is at:** <http://mid-atlanticsports.blogspot.com/2014/04/d5-track.html>
3. The entry deadline is Monday May 14, 2018 at 12 Noon. Do not wait until the last minute to enter. Monday should be reserved for updates or replacements if needed. The earlier entries are placed the better gauge we can have on lowering any standards in events that have few qualifiers. I am asking that a tentative entry list of all your probable entries be on milesplit by the end of the day Wednesday May 9 to help me determine whether to alter any qualifying standards. You can always upgrade competitors performances prior to noon on Monday.
4. No additions or replacements can be made the day of the event after the entry deadline. **EXCEPTION:** Those on the approved **substitutes** list. This list is to be submitted on Monday by entry deadline to the meet director and is for athletes who have met the district qualifying standard in individual events where 3 athletes have already qualified and been entered. Approved substitutes would be athletes NOT in your top 3 per individual event who have met the qualifying standard and could be substituted into the meet at the meet site. Approved **substitutes** is NOT part of the milesplit entry system. E-mail a list to the meet director of any approved **substitute** at jbatzel@nbcasd.org **Note that approved substitutes may not already be entered in 4 events!**
5. The meet time schedule will be posted on the District 5 Track & Field Official website.

6. A performance list indicating the athletes entered in the meet should be available Tuesday (May 15, 2018) on the District 5 Website. The list will also be emailed to the coaches/AD's if requested. It will be a performance list and will not yet have lane assignments.
7. To protect yourself keep a printed confirmation list of your entries and bring with you to the meet in case there are problems.

ENTRY FEES

Team Entry Fee is \$25 per team. \$50 for Boys and Girls Teams. You are classified as a Team if you sponsor a PIAA team in Track & Field and are involved in the team scoring at the District meet.

Individual Entry Fee is \$10 per person entered in the meet (including relay team members). Note that this is IN ADDITION to the team fee for schools sponsoring Track & Field.

STATE MEET INFORMATION

2018 PIAA Track and Field State Championship information, which includes the PIAA memorandum, housing reservation form, pole vault form, schedule of events, qualifying standards, etc. is located on the PIAA website. www.piaa.org

TRANSPORTATION INFORMATION:

There will be construction on route 869 between New Enterprise and Northern Bedford High School on Wed. May 16. Please allow an extra 15 minutes if you are traveling this route to the District 5 Track Meet!

Bus Parking will change this year. Busses will park in the Cafeteria (North) Parking lot and athletes can enter the Javelin Gate between 1:15-2:15 PM. The gate will then be locked until within about one hour from the end of the meet.

TENTS

If schools wish to have tents set up that will be permitted on the visitors bleachers side (closest to the school) on the end closest the scoreboard and between the bleachers and Javelin area.

There will be no tents allowed in the bleachers.

ITEMS FOR SALE:

The following items will be sold at the District 5 track and field meets.

- District 5 Track and Field Championship "T" shirts
- District 5 Track and Field Programs
- District 5 Medal Stand Pictures of Athletes

Order forms will be in your team packet, as well as, at various locations at the meet.

TRACK MARKINGS

Adhesive tape may be used to mark exchange zone marks in the 4 x 100 relay and a maximum of 2 points (starting point and one checkpoint) in the Jumping events and Javelin. No chalk may be used (exception is Pole Vault takeoff area). Markers may be placed adjacent to the runways in lieu of adhesive tape as well. Please ask your athletes to remove the tape after competition.

CLERK OF COURSE

The Clerk of Course tent will be located on the infield closest the Long and Triple Jump areas on the pressbox bleachers side. Athletes will be only permitted to enter the infield area and tent area used for clerking after a first call is made and via the gate closest to the start of the 100 meter Dash.

IMPLEMENTS:

An athlete can weigh-in their own or a school provided implement. If an implement is weighed-in competition, the implement must be available for use by all participants. We will be weighing in Shots and Discus' beginning at 2:30 PM inside the stadium.

ATHLETES PER EVENT:

An athlete may participate in no more than four (4) events including relays. Each school is permitted to enter only three (3) athletes per event. Qualifying Standards are listed on the PIAA District 5 Track & Field Website.

ORDER OF PARTICIPATION AND ADVANCEMENT:

The order of participation in the field events will be from least to best performance. In the finals of the throwing events, the long jump, and triple jump the order will be from least to best. One more athlete than the number of places awarded will advance to the finals. In track events, the order of the heats will be from slowest to fastest. The winner of the heat will advance to the finals, as well as, the next best place times to fill six lanes.

COACHING BOXES

There will be designated coaches boxes on the infield for all jumping events and Pole Vault this year. Please stay within the designated areas. You may enter the infield via your coaches tag. Please do not give tags to parents, fans, or non-coaches. This will result in your privilege to enter the infield area for coaching purposes to be revoked for the remainder of the meet and next years meet. **I am not going to Police the infield as I ended up doing in the past or this privilege will be revoked for future meets.** Let's all use good common sense and use it as intended, for "coaching," and leave the event judges do their job.

MEDAL PRESENTATIONS

There will be Medal Presentations again this year. You don't need to worry about picking up awards after the meet. Make your athletes aware that they will be requested to stay after completion of their race (track events) for this presentation. It is our hope to have each presentation within approximately 5 min. of the completion of the event. Do not concern yourself with field events. Field event officials are being made aware of this and the medal presentation is considered an extension of the event itself.

Please quell any concerns the athletes have about the "10 minute" rule that is used in many meets. First, there is no 10-minute rule (See rulebook P. 53 Rule 7-2 article 13), and second, all field event judges are being made aware by the games committee that under no circumstances are athletes to be DQ'ed or "forced" to pass a height without first having an announcement made for that athlete to report immediately. When an athlete is preparing to be awarded a field event medal and must be at the start of a race on the track, the race will take precedence. The field event awards will be held off as long as possible or if necessary awarded with said athlete in absentia if it becomes imperative to keep things moving along.

WEIGH-INS FOR POLE VAULT:

Weigh-ins for both Boys and Girls Pole Vaulters will be conducted by meet officials at 2:30 PM in the HS Gymnasium area by meet officials. Poles will be inspected during the warm-up period. Please bring signed and dated Pole Vault verification forms to weigh-ins.

SPIKES:

Only 1/8" spikes (part of the spike that is showing) are permitted on all the all-weather surfaces.

JAVELIN:

Northern Bedford High School has an all-weather javelin runway.

ADMISSIONS PRICES:

Adult tickets- \$6.00

Student tickets- \$3.00

(Only District 5 passes will be honored)

LOCKER ROOM FACILITIES:

Locker room facilities are very limited. Teams should come dressed ready to compete.

REMINDERS:

All entries must be completed by Noon on Monday May 14, 2018. No entries or changes will be accepted after this time. In case your seeding information is challenged, make sure to bring documentation to the meet to verify your times, heights, and distances.

MAKEUP DATE IF INCLEMENT WEATHER

The District 5 meet makeup date is Thursday May 17 with a later, 4 pm start time. A second makeup date would be Friday May 18.

MEET DIRECTOR CONTACT INFORMATION

Phone number: (814) 766-4752 (work) (814) 390-6010 (Home)

E-mail: jbatzel@nbcasd.org

Thanks for your help,

Jeff Batzel, D5 Track Chairman