

2021 DISTRICT 5 QUALIFYING STANDARDS

	<u>BOYS</u>	<u>GIRLS</u>
100	12.04	13.94
200	24.84	29.14
400	56.74	68.04
800	2:16.34	2:46.54
1600	5:08.54	6:26.84
3200	11:35.24	14:45.24
110HH/100H	18.44	18.94
300H	46.84	55.84
4 x 100 Relay	None	None
4 x 400 Relay	None	None
4 x 800 Relay	None	None
HJ	5-5	4-6
PV	10-0	7-6
LJ	18-1	14-4
TJ	37-0	30-2
SHOT	37-6	28-0
DISCUS	103-0	80-6
JAVELIN	129-0	86-0

*Note: Times are FAT. Hand held times must be converted by adding 0.24 for all track events.
All Times must be converted to FAT equivalents for District entries/seeding.

Thus a female running a 13.8 hand held time would NOT qualify as it would convert to 14.04