

# DISTRICT 5 TRACK & FIELD MEET RECORDS

As of June 1, 2018

EVENT	BOYS	GIRLS
<b>100 METERS</b>	Rick Hoffman, McConnellsburg 10.7c, 1976	Jessica Haynes, Conemaugh Township 12.3, 1995
<b>200 METERS</b>	Rick Hoffman, McConnellsburg 22.3c, 1977	Samantha Valiton, Chestnut Ridge 26.19, 2008
<b>400 METERS</b>	Jordan Donaldson, Tussey Mountain 49.38, 2008	McKenzie Gelvin, McConnellsburg 57.04, 2016
<b>800 METERS</b>	Mike Podlesnik, Meyersdale 1:57.04, 2006	Kaitlynn Maxwell, Everett 2:19.70, 2018
<b>1600 METERS</b>	Mike Podlesnik, Meyersdale 4:23.66, 2007	Maria Snyder, Northern Bedford 5:09.67, 2011
<b>3200 METERS</b>	Terry Croyle, Conemaugh Township 9:15.62, 1982	Maria Snyder, Northern Bedford 11:17.58, 2011
<b>4 X 100 RELAY</b>	Bedford (B.Duff, T.Harris, S.Fox, J.Marshall) 43.81, 2005	Shade (G. Leiford, E. Coddington, L. Spiegle, M. Maurer) 50.72, 2018
<b>4 X 400 RELAY</b>	Bedford 3:28.0, 1990	Bedford (Diehl, Lashley, Beegle, Baker) 4:08.73, 2010
<b>4 X 800 RELAY</b>	Windber (Da.Tomlinson, Leonardis, Charney, De. Tomlinson) 8:11.46, 2014	Bedford (Diehl, Lashley, Beegle, Baker) 9:56.34, 2010
<b>100/110 HH</b>	Mark Hollinshead, McConnellsburg 14.51, 1985	Kim Spriggs, McConnellsburg 14.9, 1984
<b>300 HURDLES</b>	Bill Ford, Bedford 39.0, 1989	Kim Spriggs, McConnellsburg 45.2, 1984
<b>HIGH JUMP</b>	Jeremy Bradley, Southern Fulton 6-6, 1999 Dave Thomas, Tussey Mountain 6-6, 2000 Zach Pressel, Northern Bedford 6-6, 2012	Shannon Keeney, Chestnut Ridge 5-3, 1987 Corrine Moser, Meyersdale 5-3, 2005 Joanna Nist, Rockwood 5-3, 2006 Joanna Geisel, Windber 5-3, 2007
<b>LONG JUMP</b>	Jeff Mills, Everett 22-7, 1996	Taylor Crawford, Northern Bedford 18-2 ¼, 2009
<b>TRIPLE JUMP</b>	Jeremy Bradley, Southern Fulton 45-10, 1999	Kim Spriggs, McConnellsburg 37-2, 1985

<b>POLE VAULT</b>	Jared Treece, Everett 14-1 ¼, 1993	Kelly Vann, Conemaugh Township 11-0, 2009
<b>SHOT PUT</b>	Jordan Hess, McConnellsburg 52-4 ½, 2004	Crystal Dibert, Bedford 38-1 ¼, 2009
<b>DISCUS</b>	Tom Peppernick, Fannett-Metal 169-1, 2015	Michelle Barner, Northern Bedford 120-8, 1991
<b>JAVELIN</b>	August Cook, Bedford 209-8, 2016	Beth Burkett, Chestnut Ridge 143-8 ¼, 1996