

**DISTRICT 5 TRACK & FIELD**  
**MEET RECORDS**  
As of May 1, 2026

| EVENT         | BOYS                                                                   | GIRLS                                                  |
|---------------|------------------------------------------------------------------------|--------------------------------------------------------|
| 100 METERS    | Ethan Black, Conemaugh Twp. 10.48 2023                                 | Sydney Rush, Somerset 12.02 2023                       |
| 200 METERS    | Ethan Black, Conemaugh Twp. 21.56 2022                                 | Izzy Slezak, Conemaugh Twp. 24.84 2025                 |
| 400 METERS    | Jordan Donaldson, Tussey Mt. 49.38 2008                                | McKenzie Gelvin, McConnellsbg. 57.04 2016              |
| 800 METERS    | Mike Podlesnik, Mey. 1:57.04 2006                                      | Kaitlynn Maxwell, Everett 2:19.70 2018                 |
| 1600 METERS   | Mike Podlesnik, Mey. 4:23.66 2007                                      | Maria Snyder, N.Bedford 5:09.67 2011                   |
| 3200 METERS   | Terry Croyle, Conemaugh Twp. 9:15.62 1982                              | Maria Snyder, N.Bedford 11:17.58 2011                  |
| 4 X 100 RELAY | Conemaugh Twp. 43.21 2023 (G.Tunstall, J.Updyke, C.Dunn, E. Black)     | Somerset 50.15 2023 (J.Smith, A.Urban, K.Ross, S.Rush) |
| 4 X 400 RELAY | Bedford 3:27.96 2024 (C.Taylor, J.Brallier, J.Gresh, A.Koontz)         | Bedford 4:08.73 2010 (Diehl, Lashley, Beegle, Baker)   |
| 4 X 800 RELAY | Windber 8:11.46 2014 (Da.Tomlinson, Leonardis, Charney, De. Tomlinson) | Bedford 9:56.34 2010 (Diehl, Lashley, Beegle, Baker)   |
| 100/110 HH    | Mark Hollinshead, McConn. 14.51 1985                                   | Kim Spriggs, McConnellsburg 14.9 1984                  |
| 300 HURDLES   | Bill Ford, Bedford 39.0 1989                                           | Kim Spriggs, McConn. 45.2 1984                         |
| HIGH JUMP     | Logan Pfister, Chestnut Ridge 6-6 ½ 2019                               | Baylee Sleek, Conemaugh Twp. 5-6 ½ 2025                |
| LONG JUMP     | Jeff Mills, Everett 22-7 1996                                          | Taylor Crawford, NB 18-2 ¼ 2009                        |
| TRIPLE JUMP   | Jeremy Bradley, S.Fulton 45-10 1999                                    | Kim Spriggs, McConnellsburg 37-2 1985                  |
| POLE VAULT    | Jared Treece, Everett 14-1 ¼ 1993                                      | Violet Johnson, Everett 11-1 2021                      |
| SHOT PUT      | Blake Klosky, Windber 54-7 ½ 2023                                      | Crystal Dibert, Bedford 38-1 ¼ 2009                    |
| DISCUS        | Jordan Synowietz, Meyersdale 173-9 2025                                | Michelle Barner, N.Bedford 120-8 1991                  |
| JAVELIN       | August Cook, Bedford 209-8 2016                                        | Beth Burkett, C.Ridge 143-8 ¼ 1996                     |